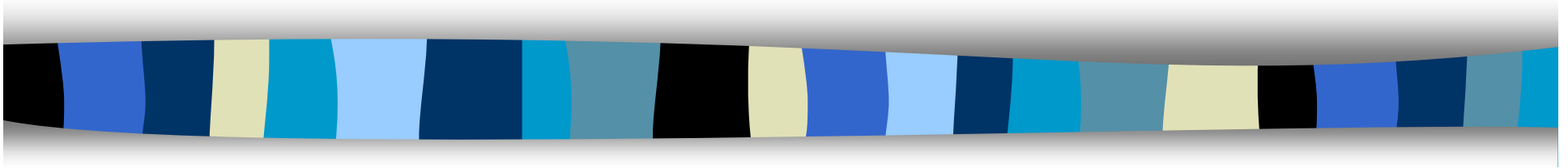


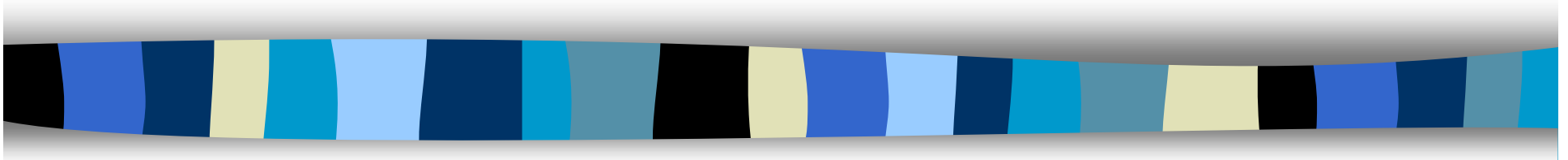
DEALING WITH CHANGE



BY:

DEEPAK NAGPAL

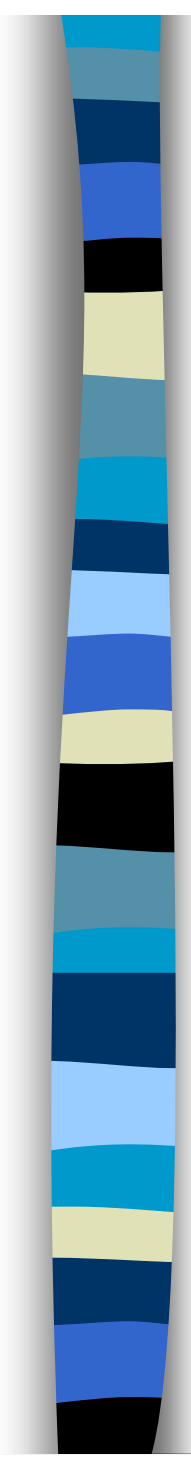
Who Moved My Cheese?



**An Amazing Way to Deal with
Change In Your Work and In
Your Life.....**



Understanding Life.....



*“Life is no straight and easy corridor along
which we travel free and unhampered
but a maze of passages,
through which we must seek our way,
lost and confused, now and again
checked in a blind alley.*

*But always, if we have faith,
God will open a door for us,
not perhaps one that we ourselves
would ever have thought of,
but one that will ultimately
prove good for us..”*



**What is meant by
Cheese and Maze ???**

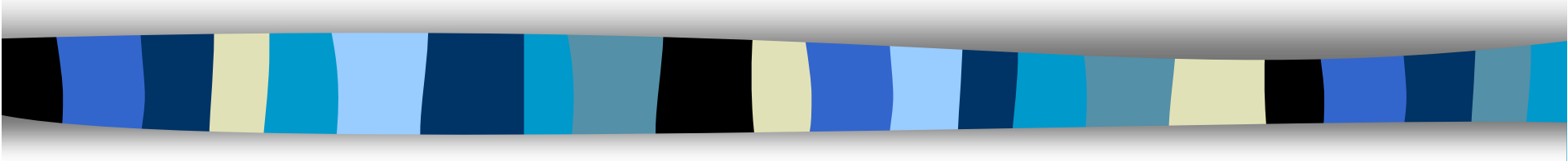


“Cheese” being a metaphor for what we want to have in life...

for example: a job, a relationship, money, big house, freedom etc...etc...

And “Maze” represents where you spend time looking for what you want

What happens when we get our Cheese or when we lose it ???



**If we get it, we become happy and
often become attached to it,
And if lose it or its taken away, it
can be traumatic**

Why do we resist Change???



“Because we are afraid of change”



**Having cheese makes
you happy!!!**



**The more important cheese
is to you**

**The more you want to hold
on to it.....**

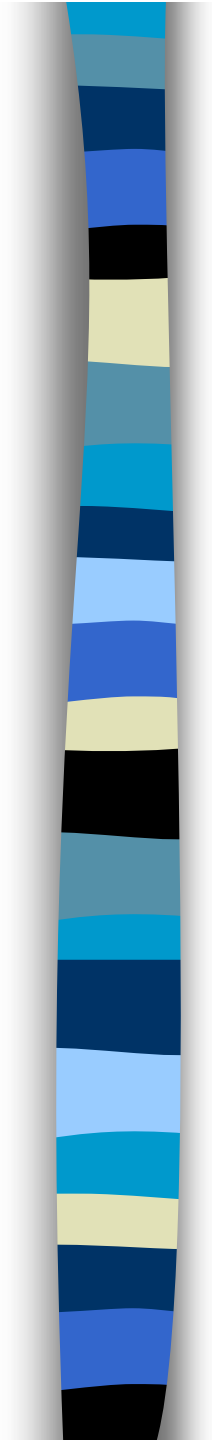


**Just respond
to
what happens,,,,,**



Stop analysing the situation so much and just get going....

**If you don't
change
you can become extinct!!!**





**What would you do
if you weren't afraid???**

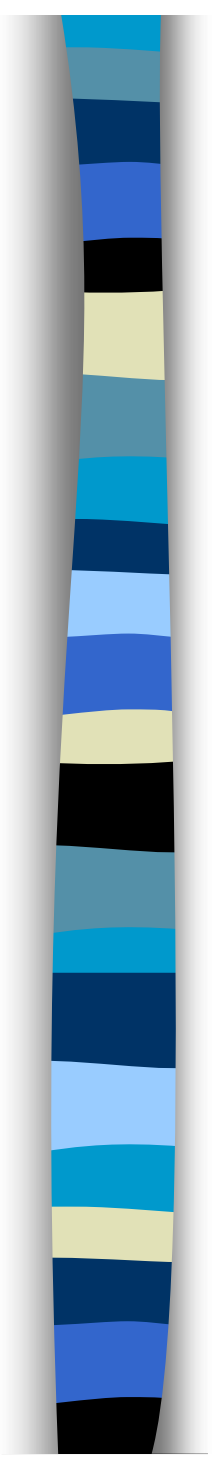


SOME FEAR CAN BE GOOD...

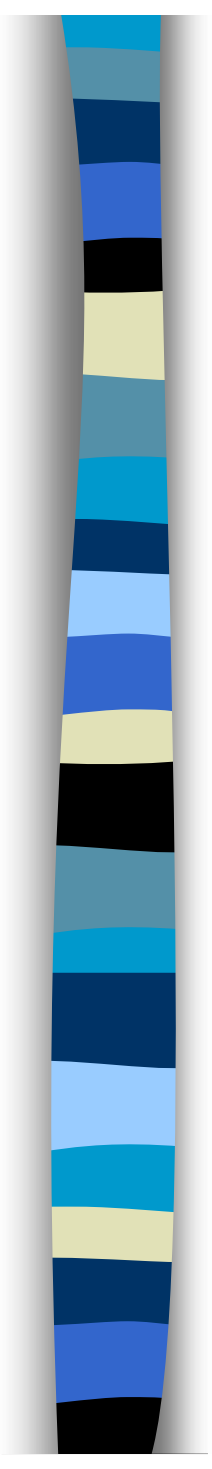
It can prompt you into action. But it is not good when you are so afraid that it keeps you from doing anything...



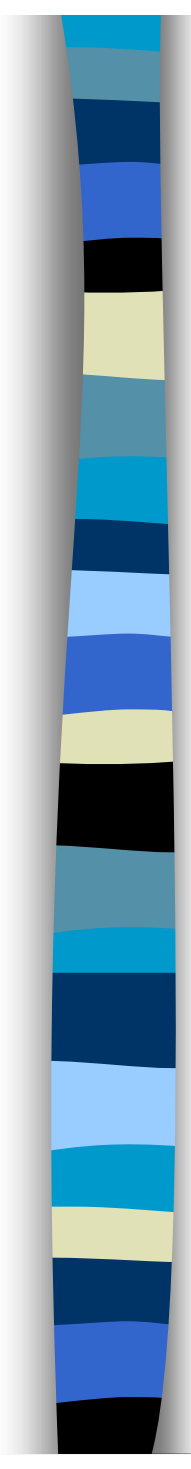
**Take control of things
rather than simply letting
things happen to you...**



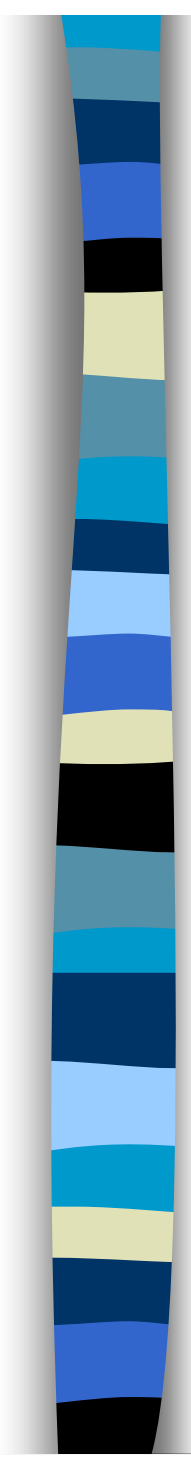
**Smell the cheese often
so you know
when it is getting old**



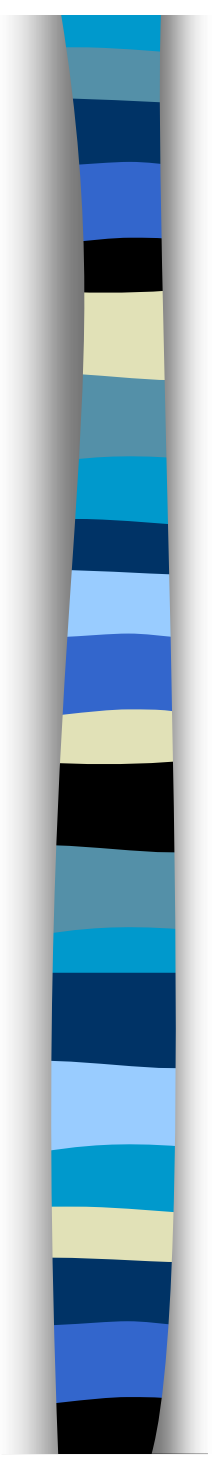
**Movement in a
new direction
helps you find
new cheese**



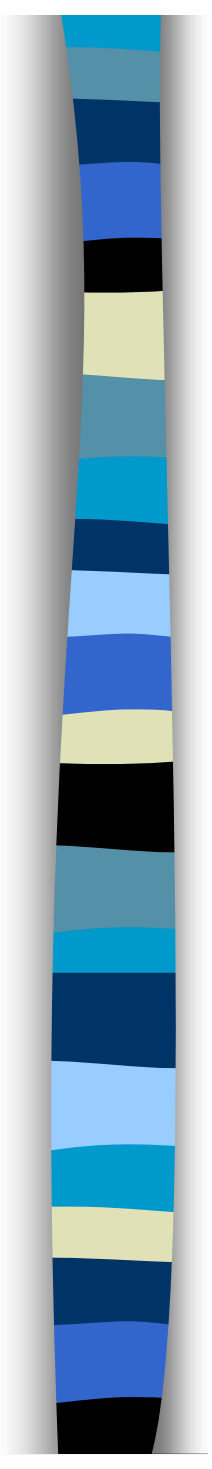
**When you move
beyond your fear,
you feel free**



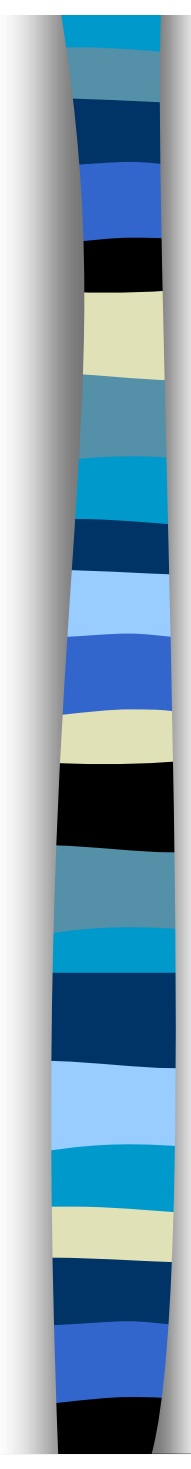
**Imagining myself
enjoying new cheese
even before i find it,
leads me to it**



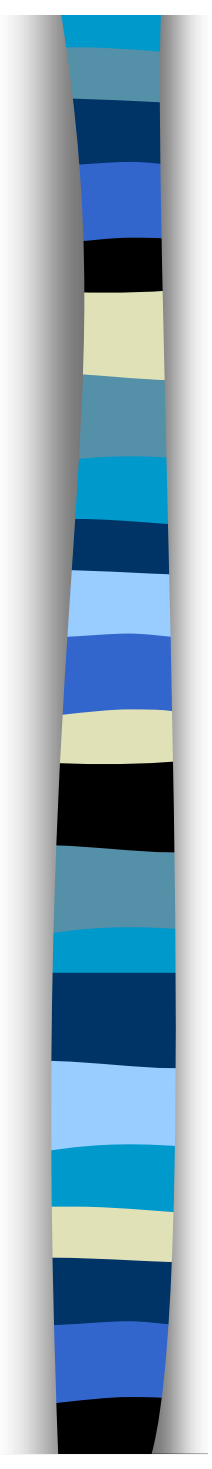
**The quicker you let go
of old cheese,
the sooner you find
new cheese**



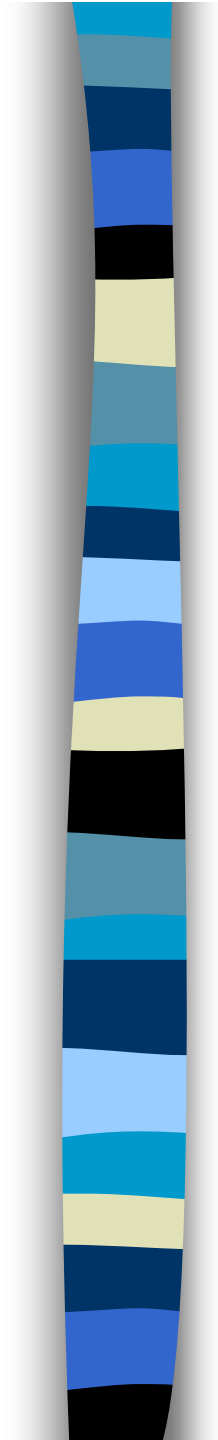
**It is safer to
search in the maze
than remain in a
cheeseless situation...**



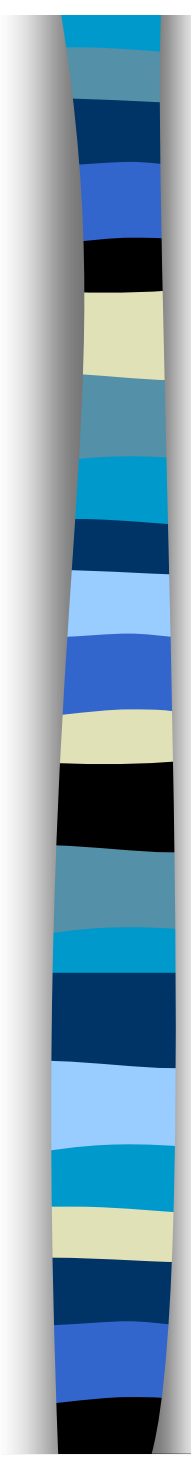
**Old belief's
do not lead you
to new cheese**



**When you see that
you can find and
enjoy new cheese,
you change course...**

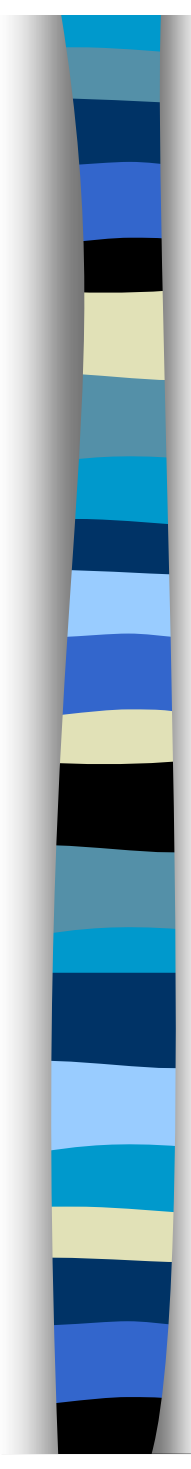


**Noticing
small changes early
helps you adapt to
the bigger changes
that are to come...**



**You could be more aware of the need
to keep things simple, be flexible and
move quickly...**

**you did not need to overcomplicate
matters or confuse yourself with
fearful beliefs...**



**Often went out into the maze and
explore new areas to stay in touch with
what is happening around you....**

**Be aware of your real choices than to
isolate yourself in your comfort zone...**



**Move with
the cheese
and enjoy it!!!**



Thank You